



CENTRAL SCHOOL
OF MASSAGE

LEVEL 3 DIPLOMA SPORTS MASSAGE

Awarded to...

Richard Allen

...having successfully passed the final practical examination and written exam, as well as having completed all assessments, assignments and case-studies.

The above-mentioned is therefore competent to practise as a Sports Massage Practitioner as taught by Central School of Massage

Awarded 25 January 2026

K Ellis

Kathryn Ellis, RTT, BTEC, ITEC
Principal Tutor/Director

Details of Tutor:

Kathryn Ellis, advanced massage practitioner

RTTAdv TYM; BTEC OSSM

Teaching qualification: City & Guilds L4 (CTLLS 2011)

Insured to teach massage with Holistic Insurance
Services, membership no. HIS26607



This FHT accredited qualification consists of 320 hours of training in Sports massage, including Anatomy, Physiology and Pathology, Principles of Fitness and Soft Tissue Dysfunction